

Story Circle Book Launch

Would you like to understand more about suicide?
Or do you work with people who are suicidal?

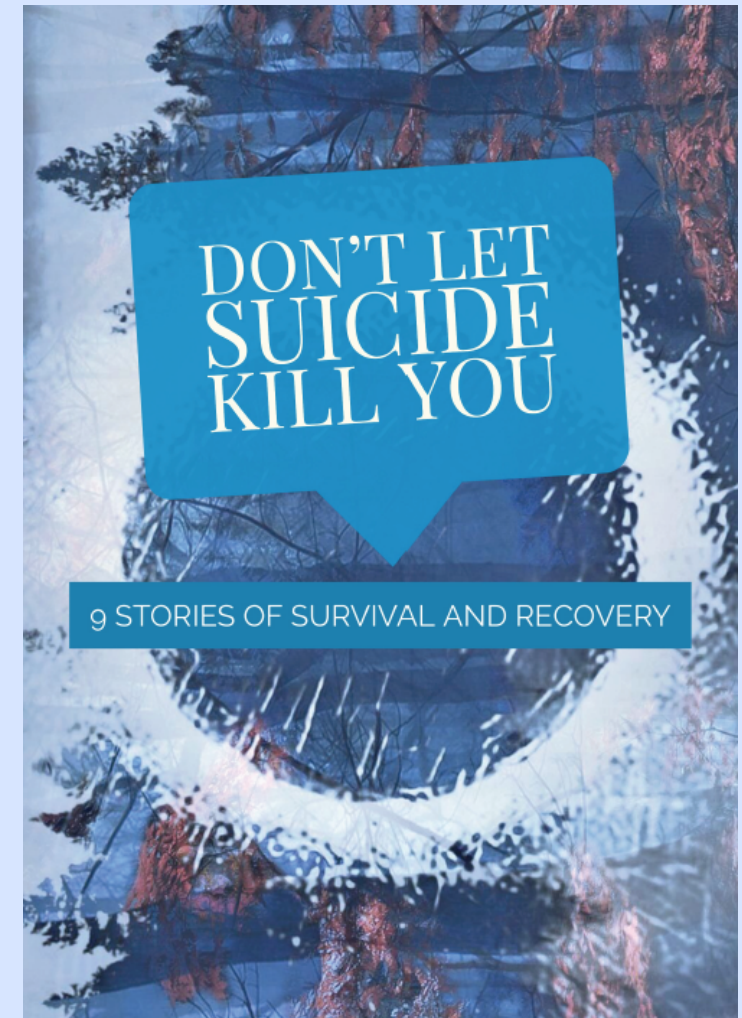
'Don't let suicide kill you: 9 stories of survival and recovery' shares the stories of nine people who have come back from the brink of suicide.

These stories were written during a Story Circle - an eight-week writing course in Lismore, facilitated by two authors and two mental health professionals.

The authors write of their journeys through despair, and the ways they have learned to live a life with meaning and purpose. They are stories of hope and courage, compassion and humanity.

'I felt such a long way from home, from everything and everyone. It was like a depth charge had gone off inside my body, blasting out a shock wave, shearing through my body.'

'I am an old lady now. I have survived. My suicidal thoughts and feelings and 'slippery dip' are part of the landscape of my world. They are ornaments in my garden. They add depth, texture, and shape to the sculpture of my compassion.'



Please join the Story Circle authors and facilitators in celebrating the launch of this book on
Wednesday November 28th, 2-4pm at the Lismore Art Gallery

FREE hard copy for the first 80 organisations and mental health professionals who attend

This program is funded by North Coast Primary Health Network and auspiced by Byron Writers Festival. All enquiries to storycircleproject@gmail.com