

# Right Support. Right Time.

## 2019 Better Chances Regional Forum

Lennox Head  
Thursday 13 June 2019

Facilitator, Naomi Moran, General Manager The Koori Mail

9.00	Coffee
9.30	<p><b>Welcome to Country:</b> Laurel Moran (Nyangbal Bundjalung Elder).</p> <p><b>Overview of the Better Chances Forum:</b> Ian O'Reilly, Social Futures (Better Chances Forum Convenor).</p>
10.00	<p><b>Trauma and system transformation:</b> Aboriginal cultural approaches to personal and professional growth, Helene Collard, We Al-li.</p>
10.30	Tea break
11.00	Breakout sessions
Main hall	<p><b>Approaches to working with trauma</b></p> <p><b>The main thing is knowing that you have support behind you:</b> The lived experience of children in therapeutic foster care, Dr Lynne McPherson, Southern Cross University.</p> <p><b>The science of trauma informed practice:</b> A wholistic perspective, Katie Burgess, Northern Rivers Community gateway.</p> <p><b>Adventure therapy:</b> A 'deep intervention' program for young people at-risk who have experienced trauma, Andy Hamilton, Human Nature Adventure Therapy.</p>
Meeting rooms	<p><b>Integration and referral across programs and sectors</b></p> <p><b>Working Together:</b> connecting schools with community services and programs, Trish Kokany, NSW Department of Education and Katrina Ross, Social Futures.</p> <p><b>Early legal assistance:</b> Pathways to keep families together while keeping children safe, Karin Ness, Charlotte Buckton and Jo Colautti, Northern Rivers Community Legal Centre, with the Aboriginal Legal Service NSW/ACT Ltd.</p>
CWA room	<p><b>Understanding and responding to local needs</b></p> <p><b>Exploring and responding to youth mental health and substance use challenges in the North Coast,</b> Dr Belinda Gardner and Dr Orit Ben-Harush, North Coast Primary Health Network.</p> <p><b>Next steps in a restoration case:</b> A Photovoice participatory action research workshop; building relationships, mapping assets and enhancing cultural safety from the ground up, CASPA's restoration care team and lead clinician, Paula Gilding.</p>
Activity room	<p><b>Connecting with families</b></p> <p><b>Flourishing Families:</b> Supporting families in the outside-of-school-hours care program, Jennifer Parker, Northern Rivers Community Gateway.</p> <p><b>A holistic early childhood project for enhancing parent-child wellbeing,</b> Jane Hanckel, Inspired Education.</p>
12.10	<p><b>Placing community at the centre of change,</b> Carmen Stewart, It Takes a Town.</p>
12.40	<p><b>Fetal Alcohol Spectrum Disorders (FASD) and offending behaviour,</b> Meg Perkins, Tweed Coast Psychology.</p>
1.00	Reflection
1.10	Lunch break – performance by <b>Budjerah Slabb</b>

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1.55	<b>Streamlined response pilot</b> , David Boutkan, The Family Centre; Joanna Superina, Their Futures Matter; and Tony O'Brien and Sandy Pilon, NSW Department of Family and Community Services.
2.15	<b>Feedback to the sector and decision-makers about working alongside us</b> , Aboriginal early childhood workers' strengthening day, North Coast NSW, 31 May 2019
2.30	<b>Collaboration for reconciliation: Working towards a better future for our Aboriginal children, families and communities</b> , Kate Maclean, Coraki CWA Preschool
2.45	<i>Workshops: Reflect, connect, act</i>
Main hall	<b>Connecting across organisations, programs and systems</b> , led by Jem Mills and Chereece Dixon, Social Futures
Meeting rooms	<b>Becoming more trauma responsive in our work</b> , led by Helene Collard, We Al-Li and Ian O'Reilly, Social Futures (BCF Convenor)
Activity Room	<b>Acting on FASD in the Northern Rivers</b> , led by Joy Peters, Northern Rivers Community Legal Centre
CWA Hall	<b>Connecting with community in our work</b> , Carmen Stewart, It Takes A Town
3.30	Reflection and next steps
3.40	<i>Close and afternoon tea</i>

Communities  
for Children  
Lismore & Murwillumbah



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We acknowledge the Traditional Owners of the land where we live and work and their continuing connection to land, water, sea and community. We pay respects to Australia's First Peoples, to their unique and diverse cultures, and to Elders past, present and future.