

headspace Forum 2020 – Artwork Showcase Info Pack

What is the Forum?

The headspace forum is a place for 'headspace people' (like young people, centre staff, and clinicians) to get together to share experience, knowledge, ideas and solutions. A lot goes on over the three days including keynote and breakout presentations, centre showcases, networking, workshops, live performances all hosted by young people and family and friends representatives.

What is the art showcase?

The art showcase is an opportunity for young people within the headspace network to share their talents with Forum attendees, as well as sharing a message about headspace, mental health or the forum theme of Connections.

The showcase will display up to thirty printed artworks in the foyer of the convention centre for forum attendees to view during their breaks, such as morning tea and lunch. The artworks will also be shared on the headspace forum app, with a description of your artwork and an artist bio.

What's the Forum theme?

The theme for headspace Forum 2020 is **Connections**.

The theme reflects the impact of a changing world on the social and emotional wellbeing of young people, and their experience of connectedness and purpose. It acknowledges the connection to land, culture, spirit, family, and community is intrinsic to the social and emotional wellbeing of Aboriginal and Torres Strait Islander people. It encourages the consideration of how headspace could work with young people, their families and friends, communities and the sector to increase connection and wellbeing. As well as strengthening the headspace network through bringing individuals together who are geographically and structurally separate to encourage more supportive and collaborative network.

I'm interested, what next!

Great! In order for your artwork to be considered, you'll need to submit an **Artwork Submission Form** (below) and a high resolution copy of your art.

Key dates

- Applications close at **10pm on Thursday 31 January**
- We will notify artists on the outcome of their submission by **Friday 14 February**
- Successful artist will have to submit final artworks, descriptions and their bio by **10pm on Sunday 1 March**

Artwork requirements

In order for your artwork to be considered for selection it must fit the following criteria:

- The artwork must be digitalised for printing and submitted in a high resolution digital file. These artworks could be graphic designs, digital paintings, photography, or scanned 2D art. These will be presented alongside an artwork description and artist bio!
- You must have a connection to a headspace Centre (either accessing services, or on a youth reference group)
- You must be aged between 12 and 25 at the date of submitting your art
- The image will not be printed larger than 50 x 60cm

Selection criteria

Sadly we only have 30 spots available in the showcase, which may mean people miss out. We will select artworks on the following criteria:

- The level to which the artwork connects to the forum theme of **Connections**. Make sure you highlight the connection to the theme in your artwork description.
- Due to the large audience at the Forum, we will; ensure that all artworks contain appropriate content and themes. We want to make sure that people viewing the showcase are safe. See FAQs for what is and isn't appropriate.
- We want to ensure we get a representation of artists from across the headspace network.

headspace Forum 2020 – Artwork Showcase FAQs

Does the artwork need to be completed before I submit it?

We recommend submitting a *completed* high quality JPEG image of your artwork to ensure your artwork gets the best opportunity to be chosen. If you are currently working on a piece of art you would like to submit, feel free to use the time up until the application close date to complete your piece.

What are the size requirements?

To ensure the best quality showcase, we need high resolution images. This will change depending on how big you want to artwork to be in the showcase. The maximum printed size is 50 x 60cm, with a minimum resolution of around 2500 x 3000 pixels. If you showcase a smaller imager, you won't need a high of a resolution. This stuff can be confusing – so email us on participation@headspace.org.au if you need help with it.

Does it have to be a new piece of art?

No! You are more than welcome to submit something that you have created in the past. Your artwork does have to share a message about headspace, mental health or the forum theme of connections.

Do I still have the rights to my artwork?

Yes! headspace National will have no rights to your artwork, we just want to help display it for the headspace network to see! Following the showcase we will not use your artwork for any other purpose without your permission.

I make art, but I've never shown it publically...can I still apply?

Absolutely! We're not looking for world famous artists here! We want to showcase art from people with all different experience levels! This could be your first step into art showcase super-stardom!

Can my artwork be displayed anonymously?

Your artwork can be displayed anonymously, although we would love to share the name of your centre or state you are located in.

When submitting your artwork application, we will need your personal details so we can contact you with the outcome of your application, and any necessary steps forward such as writing an artwork description and artist bio.

Does this mean I get to attend the forum?

Unfortunately, we do not have the funding to support artists to travel to Melbourne for the Forum. Each centre has been allocated a set number of spots at the Forum. If you wish to attend the forum, check in with your Community Awareness Worker or Centre Manager to see who is attending from your centre.

What sort of content can I not include in my artwork?

In order to keep people safe, we will not accept artwork in to the showcase that depict or contain the following images:

- Graphic depictions of self harm or suicide
- Alcohol or other drug use
- Images or realistic depictions of people without their express consent or permission

headspace Forum 2020 – Artwork Submission Form

- When submitting your artwork you'll also need to submit this form. Once you have completed the form, send the form and artwork to participation@headspace.org.au by **10pm Friday 31 January**
- If the file size of your artwork is too big, you can submit via a dropbox/google drive link
- Please read the artwork submission guide (including FAQs) before submitting your artwork and this form.
- If you don't like filling in forms, call the headspace Forum Art team on 0439 306 229 and we can complete the form over the phone.
- If you have any questions or need any other assistance, either call the number above or email participation@headspace.org.au

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|---|--|-----------------|--|
| Name | | | |
| Date of birth | | | |
| Gender | | Pronouns | |
| Email address | | | |
| Phone | | | |
| City & state you live in | | | |
| Which headspace centre are you connected to | | | |
| Title of artwork | | | |
| Artwork description (up to 300 words) | | | |
| Artist bio (up to 150 words) | | | |
| What size do you wish to have your artwork displayed (maximum 50 x 60cm) | | | |

Do you want to be notified about future opportunities to have your art involved in a headspace National project? (yes/no)