




FASD AND OFFENDING BEHAVIOUR

MEG PERKINS PHD MAPS
TWEED COAST PSYCHOLOGY
AND EDUCATIONAL
PROGRAMS
13 JUNE 2019

ALCOHOL IS A TERATOGEN – CAUSES FETAL ABNORMALITIES

Facial features – small eyes flat philtrum and thin top lip
Cleft palate/hare lip
Club foot – extra nipples
Kidneys lacking filters – diabetes and kidney failure
Heart defects
Eyes – poor vision and ears – poor hearing, otitis media
Brain and behaviour – language, literacy, ADHD, autism, IDD

FASD FACIAL FEATURES



Faces in Fetal Alcohol Syndrome

Discriminating Features


- short palpebral fissures
- flat midface
- short nose
- indistinct philtrum
- thin upper lip

Associated Features

- epicanthal folds
- low nasal bridge
- minor ear anomalies
- micrognathia

In The Young Child

Stressigutti, 1994



MOUTH AND LIPS AFFECTED ...



DIAGNOSIS: PRENATAL EXPOSURE TO ALCOHOL

Unless the typical face is present (only 20% of cases)
We need confirmation from mother or family/friends
That alcohol was consumed ...
Just one drink, even before the pregnancy was known
We do not need to know how much alcohol mother consumed
Was pregnancy planned? When did you know you were pregnant?
Do you remember having any alcohol before you knew?
Did you go to a wedding, or a funeral, or other event?
NO BLAME NO SHAME – 2009 before doctors advised none at all

MEDICAL AND/OR PSYCHOLOGICAL DIAGNOSIS – MULTIDISCIPLINARY TEAM

Dr Doug Shelton Gold Coast Child Development Clinic
Paediatrician Director Child Health

Took his allied health team to Canada to learn diagnosis of FASD

Psychologists may be able to assess the 9 cognitive domains including language and motor skills using the NEPSY-II neuropsychological test or others ...

Usually psychologist; IQ 70 or below, academic achievement, adaptive functioning, executive functioning, or memory severely impaired at 3rd percentile or less. DSM-5 diagnosis anxiety, depression, DMDD

Also OT motor skills or paediatrician AD/HD diagnosis (attention), and speech and language pathologist.

SEVERE COGNITIVE IMPAIRMENT EXAMPLES 3/9

Academic achievement (Reading)	Language	Motor skills OT graphomotor drawing
Attention (ADHD)	IQ (40 to 140)	Memory
Executive function (Impulse control)	Affect regulation Anxiety and depression DMDD	Adaptive functioning (Social skills, self-care, etc)

FASD OR PTSD OR ASD OR ADHD OR ?

Permanent irreversible widespread fetal brain injury ...
Causes pervasive brain dysfunction ...
Trauma does affect the brain but it affects the frontal lobes and so the symptoms of PTSD are similar to AD/HD ...
Trauma does not affect IQ or ability to read or write, or
Core language skills and higher language skills (social/autism)
FASD – may impair language, intelligence, social cognition, academics, motor skills, as well as self-regulation, affect, attention, memory, and general adaptive functioning.

BEHAVIOUR PROFILE

More severe behaviour problems than ADHD or ASD
Disruptive Mood Dysregulation Disorder – angry, irritable
(verbal and physical aggression people and property)
Difficulties with Maths, logic, understanding consequences
Low IQ score plus lack of self-regulation plus anger/aggression
Or delayed language plus anxiety plus lack of impulse control
Child may be confused and frustrated by social world
Blamed and shamed for “disobedience”, anger, aggression

SECONDARY DISABILITIES

Challenging behaviours/child abuse
School disrupted/suspensions/exclusion
Alcohol and other drug misuse/overdosing
Trouble with the law/incarceration
Vulnerable to sexual abuse/Sexual offences
Unemployment/poverty
Homelessness/relationship issues/parenting deficits
Suicide

RECOGNITION

Challenging behaviour – suspect FASD
Reading difficulties + ADHD – suspect FASD
Assessment – Speech and Language Therapist/ OT /psychologist
School files – IQ at 2nd percentile or less, academic achievement
School files may contain enough information to make a diagnosis of FASD ... IQ + ABAS (adaptive functioning) at < 3rd percentile + WIAT academic achievement
Add a diagnosis of ADHD or anxiety = 4 cognitive domains
Disruptive Mood Dysregulation Disorder ... childhood depression/aggression

NDIS – BRAIN INJURY

The earlier the diagnosis the better .. School support + NDIS
14 or 15 years old deny diagnosis, stigma, I'm stupid or crazy
Brain injury is not the same as stupid or crazy but ...
Adults may say “we don't want our children labelled as mental”
Reality is that they will be labelled as criminals, “thugs” “feral” etc
Screening before school starts ... educate parents
Milestones ... walking? 1-2 years - talking? 2-3 years
Behaviours ... “naughty” needs assessment – children like to please

CRIMINAL JUSTICE SYSTEM

Under age 10 no possibility of criminal intent (disabled thinking skills age 6)
 Age 10 to 14 doli incapax – assumption that incapable of criminal intent - rebut
 Any age – fitness to plead - Presser criteria
 Need to understand the charges – carrying a convenience/carriage in a conveyance
 ... the purpose of the hearing (did they do it?)
 ... the effect of the evidence
 ... decide on a defence (how can a child decide that they are not fit to plead?)
 ... instruct a lawyer, follow the proceedings in court

FASD DIAGNOSIS AND AFTERWARDS

DIAGNOSIS IS IMPORTANT FOR SCHOOL AND COURT
 BEHAVIOUR IS NEUROTERATOGENIC NOT INTENTIONAL NON-COMPLIANCE
 TREATMENT INCLUDES PARENTING SKILLS AND FAMILY UNDERSTANDING
 TEACHING THE CHILD SOCIAL SKILLS AND EMOTIONAL REGULATION
 REPEAT THE LESSON OVER AND OVER AND OVER AGAIN - EG CONSENT
 VISUAL CUES OR SING A SONG
 NDIS IS VERY IMPORTANT AS THERAPY IS EXPENSIVE – EG LANGUAGE
 OCCUPATIONAL THERAPY AVAILABLE UNTIL AGE 17