

FOR IMMEDIATE RELEASE **29/05/18**

MEDIA RELEASE: NEW DOCTORS, MORE CHOICES

Choices Sexual Health Clinics in Lismore and Kyogle have welcomed two new doctors to their team. Dr Anne-Louise Swain and Dr Lynne Davies have joined the Choices Clinic to provide specialist care and support for women and men from adolescence onwards to make choices for themselves about their reproductive and sexual health.

“With these two new doctors on board our Clinic is able to offer people in Lismore, Kyogle and surrounds more choice, more times and more chances to speak with specialists about their sexual and reproductive health,” says Keah Wheeler, Choices Sexual Clinic Manager.

“So many people, young and old, have questions about their health that they are too afraid or ashamed to ask about. This is why having a safe, confidential space where you can come and ask the question is so important. Our doctors can help people understand their health issues, along with the treatments and options available to them. It can bring good peace of mind to be informed and in charge of your own health,” says Keah.

The clinic provides bulk-billed, professional and confidential reproductive and sexual health services. If something is worrying you or if you have questions there’s nothing to lose by coming and speaking to us.

“Our clinic is affordable and everyone is welcome to use our service – young people, LGBTIQ+, Aboriginal and Torres Strait Islander Australians, people on low incomes – everybody can access our health services” says Keah.

A range of services are available at the clinic including:

- Cervical screening and PAP tests
- Contraception including Implanon, IUD insertion and free condoms
- Sexual health counselling, assessment and screening tests (STI testing)
- Pregnancy planning, testing, information, counselling and referral
- Information and medical management for menopause
- Vasectomy information and referral
- PMT and period problems
- Women with a disability – management of menstrual and reproductive health issues



We acknowledge the Traditional Owners of the land where we live and work and their continuing connection to land, water, sea and community. We pay respects to Australia's First Peoples, to their unique and diverse cultures, and to Elders past, present and future.

The Choices Sexual Health Clinic is a service of Social Futures and is supported by funding from North Coast Area Health Service and NSW Health.

CHOICES CLINIC LISMORE

Lismore Level 3/29 Molesworth Street LISMORE 2480

Phone: 02 6620 7660

Mondays 9.00am-5.00pm

Thursdays 2.00-5.00pm (Alternate Thursdays at headspace)

Saturdays 9.00am-12.30pm

Choices @headspace (for young people aged 12-25)

2A Carrington Street, LISMORE NSW 2480 Phone: 02 6625 0200

Thursdays: 2.00-5.00pm

CHOICES CLINIC KYOGLE

Kyogle Community Health Centre 199 Summerland Way KYOGLE NSW 2478

Phone: 02 6620 7660

Alternate Fridays 9.30am-1.00pm

Media enquiries: Amanda Shoebridge, Communications and Marketing Officer, Social Futures. m: 0428 242 675 e: amanda.shoebridge@socialfutures.org.au