

**SOCIAL
FUTURES**

**VETERANS
CONNECT**



Free service supporting veterans and their families on the NSW Central Coast and the Hunter Region. Linking you to support networks including health, social and community services.

You will meet your Care Coordinator, who will listen to your story and identify needs. We will then either directly assist or connect you to the right services.

Who is Eligible?

Any ADF veteran, reservist or their family member residing within the Central Coast Local Government Area and the NSW Hunter Region.

How do we help?

If you are struggling to navigate the services, your Care Coordinator can help find a way forward with support and referrals. They will act on your advice and provide choices.

We can offer help in the following areas:

- connection with physical and mental health services such as GPs, Allied Health Professionals (Physio, Podiatrists etc.)
- connection with social and community services
- increase understanding of your overall health and wellbeing

📞 Veterans Connect 1800 719 625
veteransconnect@socialfutures.org.au

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Supported by

phn
HUNTER NEW ENGLAND
AND CENTRAL COAST
An Australian Government Initiative

**PRIMARY
HEALTH
NETWORK**

IDENTIFYING NEEDS

Linking you in with services that will support you across multiple aspects of your life

FINANCIAL

- ▶ Financial Assistance
- ▶ DVA Advocacy
- ▶ NDIS/DVA Access

SOCIAL & COMMUNITY

- ▶ Community Groups
- ▶ Sports clubs
- ▶ Special interest groups

EDUCATION & EMPLOYMENT

- ▶ Skill Development
- ▶ Employment
- ▶ Volunteering

SPIRITUAL & CULTURAL

- ▶ Connection to Culture
- ▶ Connection to faith
- ▶ Personal Identity



MENTAL HEALTH

- ▶ Psychiatrist
- ▶ Psychologist
- ▶ Counselling

HOUSING

- ▶ Homelessness Support
- ▶ OT Home Safety

HEALTH & WELLBEING

- ▶ Physiotherapy
- ▶ Rehabilitation
- ▶ General Health

FAMILY WELLBEING

- ▶ Family Support
- ▶ Children of Veterans
- ▶ DV Support



INDIVIDUAL CARE PLANS

Everybody's needs are different, so we tailor each care plan to the individual.

We can assist with complex cases that require extensive support, right the way through to a simple single service referral.

Contact us today to discuss what we can help you with.

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