



Northern Star (Lismore)

Friday 10/03/2017

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IN THE RIGHT HEADSPACE

\$1.4 million to expand
mental health services to
region's smaller towns

Alison Paterson

alison.paterson@northernstar.com.au

YOUNG people on the Northern Rivers needing mental health support have been given a \$1.4 million boost for Lismore's Headspace and new services in Casino and Kyogle.

Page MP Kevin Hogan made the announcement in Lismore yesterday afternoon.

"This is great news for our community, as it is often difficult for young people in our smaller towns like Casino and Kyogle to access the services they need compared to those living near Lismore. These new services fill that gap," he said.

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VERY HAPPY: Headspace's Youth Group Advisory Group president Tahlia Hyde says the funding will really help youth struggling with mental health issues.

PHOTO: MARC STAPELBERG



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Headspace now available in Casino, Kyogle

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"I am also happy that Social Futures have taken over the management of Lismore's Headspace. They are one of the region's most experienced community-based organisations and they have an outstanding track record of supporting young people and their families. They are a great fit."

Headspace's Youth Group Advisory Group president Tahlia Hyde said the new funding was incredibly important.

"I feel it's really important to be able to have this new funding within Headspace and Social Futures as a lot of young people in outlying communities can't access Headspace," she said.

"Now we have this funding and Social Futures on board it will make a really big difference."

The new funding follows last fortnight's

announcement of a new Headspace centre in Grafton, along with a number of other mental health programs, servicing the Clarence Valley.

"Mental health is an issue

for our entire community that I take very seriously and will continue to lobby to make sure we get the resources we need to help our young people," Mr Hogan said.

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